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| | EI | GLUTEN | SELDERIJ | MOSTERD | LUPINE | ZWAVELDIOXIDE | MELK | SESAMZAAD | SCHAALDIEREN | NOTEN | PINDA'S | VIS | SOJA | WEEKDIEREN |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **GREEN PROTEIN** | | | | ■ | ■ | | | ■ | | | | | ■ | |
| Babyspinazie | | | | | | | | | | | | | | |
| Quinoa | | | | | | | | | | | | | | |
| Linzen | | | | | | | | | | | | | | |
| Broccoli | | | | | | | | | | | | | | |
| Zoetzure komkommer | | | | | | | | | | | | | | |
| Geroosterde zoete aardappel | | | | | | | | | | | | | | |
| Classic hummus | | | | | | | | ■ | | | | | | |
| Tempeh tamari | | | | | ■ | | | ■ | | | | | ■ | |
| Geroosterde kikkererwten | | | | | | | | | | | | | | |
| Pompoenpitten | | | | | | | | | | | | | | |
| Friszure sesam, gember & tamari | | | | ■ | | | | ■ | | | | | ■ | |
| **FALAFEL FEAST** | | ■ | | ■ | | | | ■ | | | | | ■ | |
| Romaine mix | | | | | | | | | | | | | | |
| Ancient grains | | ■ | | | | | | | | | | | | |
| Geroosterde bloemkool | | | ■ | ■ | | | | | | | | | | |
| Zoete regeneboogpeen | | | | | | | | | | | | | | |
| Rode biet | | | | | | | | | | | | | | |
| Groene kruiden-spinazie falafel | | | | | | | | | | | | | ■ | |
| Classic hummus | | | | | | | | ■ | | | | | | |
| Harissa | | | | | | | | | | | | | | |
| Granaatappelpitjes | | | | | | | | | | | | | | |
| Tahin, sinaasappel & citroen | | | | | | | | ■ | | | | | | |
| **TRUFFLE RUFFLE** | | ■ | | | | | | ■ | | ■ | | | ■ | |
| Babyspinazie | | | | | | | | | | | | | | |
| Linzen | | | | | | | | | | | | | | |
| Ancient grains | | ■ | | | | | | | | | | | | |
| Winter groenten | | | | | | | | | | | | | | |
| Paddenstoelenmix | | | | | | | | | | | | | ■ | |
| Rode kool met appel | | | | | | | | | | | | | | |
| Pompoenhummus | | | | | | | | ■ | | | | | | |
| Vegan parmezaan | | | | | | | | | | ■ | | | | |
| Pompoenpitten | | | | | | | | | | | | | | |
| Granaatappelpitten | | | | | | | | | | | | | | |
| Romige truffel, citroen & peterselie | | | | | | | | | | | | | ■ | |
| **HOT MEXICANA** | | ■ | | ■ | | | | | | ■ | | | ■ | |
| Romaine mix | | | | | | | | | | | | | | |
| Rijst mix | | | | | | | | | | | | | | |
| Quinoa | | | | | | | | | | | | | | |
| Geroosterde mais | | | | | | | | | | | | | | |
| Geroosterde bloemkool | | | ■ | ■ | | | | | | | | | | |
| Cherry tomaat | | | | | | | | | | | | | | |
| Mexican pulled oats | | ■ | | | | | | | | | | | | |
| Avocado | | | | | | | | | | | | | | |
| Jalapenos | | | | | | | | | | | | | | |
| Limoen | | | | | | | | | | | | | | |
| Koriander | | | | | | | | | | | | | | |
| Romige chipotle-cashew salsa | | | | | | | | | | ■ | | | ■ | |
| **OH! GADO GADO** | ■ | | ■ | ■ | | | | ■ | | | ■ | ■ | ■ | |
| Romaine mix | | | | | | | | | | | | | | |
| Rijstmix | | | | | | | | | | | | | | |
| Zoete aardappel met kokos | | | | | | | | | | | | | | |
| Geroosterde bloemkool | | | ■ | ■ | | | | | | | | | | |
| Zoetzure komkommer | | | | | | | | | | | | | | |
| Rainbow coleslaw | | | | ■ | | | | | | | | | ■ | |
| Kippendij met citroengras | | | | | | | | ■ | | | | ■ | ■ | |
| Ei | ■ | | | | | | | | | | | | | |
| Tauge | | | | | | | | | | | | | | |
| Koriander | | | | | | | | | | | | | | |
| Romige pinda, rode peper & gember | | | | | | | | | | | ■ | | ■ | |
| **FIBRANT FETA** | | ■ | | | | | ■ | | | ■ | | | | |
| Eikenblad rucola mix | | | | | | | | | | | | | | |
| Linzen | | | | | | | | | | | | | | |
| Ancient grains | | ■ | | | | | | | | | | | | |
| Rode biet | | | | | | | | | | | | | | |
| Zoete regenboogpeen | | | | | | | | | | | | | | |
| Cherry tomaat | | | | | | | | | | | | | | |
| Feta | | | | | | | ■ | | | | | | | |
| Walnoten | | | | | | | | | | ■ | | | | |
| Groene & zwarte olijven | | | | | | | | | | | | | | |
| Munt | | | | | | | | | | | | | | |
| Zoete cranberry, balsamico & kaneel | | | | | | | | | | | | | | |
| **JAPANESE DUNBORI** | | | | ■ | | | | ■ | | | | ■ | ■ | |
| Spinazie mix | | | | | | | | | | | | | | |
| Rijstmix | | | | | | | | | | | | | | |
| Teriyaki aubergine | | | | | | | | ■ | | | | | ■ | |
| Zoetzure komkommer | | | | | | | | | | | | | | |
| Rainbow coleslaw | | | | ■ | | | | | | | | | ■ | |
| Edamame | | | | | | | | | | | | | ■ | |
| Warm gerookte wilde zalm | | | | | | | | | | | | ■ | | |
| Sesam & noriflakes | | | | | | | | ■ | | | | | ■ | |
| Friszure sesam, gember & tamari | | | | ■ | | | | ■ | | | | | ■ | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **GREENER THAN GREEN** | | | | | | | | | | | | | | |
| Eikenblad rucola mix | | | | | | | | | | | | | | |
| Quinoa | | | | | | | | | | | | | | |
| Geroosterde spruiten | | | | | | | | | | | | | | |
| Broccoli | | | | | | | | | | | | | | |
| Zoetzure komkommer | | | | | | | | | | | | | | |
| Edamame | | | | | | | | | | | | | | |
| Avocado | | | | | | | | | | | | | | |
| Gemengde kiemen | | | | | | | | | | | | | | |
| Walnoten | | | | | | | | | | | | | | |
| Koriander | | | | | | | | | | | | | | |
| Groene kruiden, cashew & limoen | | | | | | | | | | | | | | |
| **HUMMUS + AVOCADO** | | | | | | | | | | | | | | |
| Eikenblad rucola mix | | | | | | | | | | | | | | |
| Bulghur | | | | | | | | | | | | | | |
| Geroosterde bloemkool | | | | | | | | | | | | | | |
| Broccoli | | | | | | | | | | | | | | |
| Rode biet | | | | | | | | | | | | | | |
| Pompoenhummus | | | | | | | | | | | | | | |
| Avocado | | | | | | | | | | | | | | |
| Pickled rode ui | | | | | | | | | | | | | | |
| Gemengde kiemen | | | | | | | | | | | | | | |
| Geroosterde amandelstukjes | | | | | | | | | | | | | | |
| Tahin, sinaasappel & citroen | | | | | | | | | | | | | | |
| ***DRESSING*** | | | | | | | | | | | | | | |
| Friszure sesam, gember & tamari | | | | | | | | | | | | | | |
| Romige chipotle-cashew salsa | | | | | | | | | | | | | | |
| Tahin, sinaasappel & citroen | | | | | | | | | | | | | | |
| Romige truffel, citroen & peterselie | | | | | | | | | | | | | | |
| Romige pinda, rode peper & gember | | | | | | | | | | | | | | |
| Zoete cranberry, balsamico & kaneel | | | | | | | | | | | | | | |
| Groene kruiden, cashew & limoen | | | | | | | | | | | | | | |
| **GRAAN / ZAAD / PEUL** | | | | | | | | | | | | | | |
| Bulghur | | | | | | | | | | | | | | |
| Linzen | | | | | | | | | | | | | | |
| Zwarte-rode-bruine rijst mix | | | | | | | | | | | | | | |
| Quinoa | | | | | | | | | | | | | | |
| Ancient grains | | | | | | | | | | | | | | |
| ***GROENTEN*** | | | | | | | | | | | | | | |
| Geroosterde bloemkool | | | | | | | | | | | | | | |
| Rainbow coleslaw | | | | | | | | | | | | | | |
| Rode kool met appel | | | | | | | | | | | | | | |
| Zoetzure komkommer | | | | | | | | | | | | | | |
| Tomaat | | | | | | | | | | | | | | |
| Geroosterde mais | | | | | | | | | | | | | | |
| Geroosterde zoete aardappel met kokos | | | | | | | | | | | | | | |
| Spruiten | | | | | | | | | | | | | | |
| Gestoomde broccoli | | | | | | | | | | | | | | |
| Wintergroenten met rozemarijn | | | | | | | | | | | | | | |
| Rode biet met harissa | | | | | | | | | | | | | | |
| Teriyaki aubergine | | | | | | | | | | | | | | |
| Zoete regenboogpeen | | | | | | | | | | | | | | |
| Shiitake, oesterzwam & champignon-mix | | | | | | | | | | | | | | |
| Edamame | | | | | | | | | | | | | | |
| ***PREMIUMS*** | | | | | | | | | | | | | | |
| Tempeh tamari | | | | | | | | | | | | | | |
| Classic hummus | | | | | | | | | | | | | | |
| Groene kruiden-spinazie falafel | | | | | | | | | | | | | | |
| Pompoenhummus | | | | | | | | | | | | | | |
| Halve avocado | | | | | | | | | | | | | | |
| Schapenfeta | | | | | | | | | | | | | | |
| Vegan feta | | | | | | | | | | | | | | |
| Pulled oats met mexicaanse kruiden | | | | | | | | | | | | | | |
| Gekookt eitje | | | | | | | | | | | | | | |
| Kippendij met citroengras | | | | | | | | | | | | | | |
| Harissa | | | | | | | | | | | | | | |
| Warm gerookte wilde zalm | | | | | | | | | | | | | | |
| ***TOPPING*** | | | | | | | | | | | | | | |
| Koriander | | | | | | | | | | | | | | |
| Pompoenpitten | | | | | | | | | | | | | | |
| Geroosterde kikkererwten | | | | | | | | | | | | | | |
| Geroosterde walnoten | | | | | | | | | | | | | | |
| Geroosterde amandelstukjes | | | | | | | | | | | | | | |
| Vegan parmezaan | | | | | | | | | | | | | | |
| Pickled rode ui | | | | | | | | | | | | | | |
| Kiemen | | | | | | | | | | | | | | |
| Sesam & noriflakes | | | | | | | | | | | | | | |
| Groene & zwarte olijven | | | | | | | | | | | | | | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Granaatappelpitjes | | | | | | | | | | | | | | |
| Limoen | | | | | | | | | | | | | | |
| Tauge | | | | | | | | | | | | | | |
| Munt | | | | | | | | | | | | | | |
| Jalapenos | | | | | | | | | | | | | | |
| ***SOEP*** | | | | | | | | | | | | | | |
| Thai pumpkin | | | ■ | | | | | | | | | | | |
| Morrocan chickpea | | | | | | | | | | | | | | |
| Lentil + mushroom | | | ■ | | | | | | | | | | ■ | |
| ***ZOET*** | | | | | | | | | | | | | | |
| Salted caramel cheesecake | | | | | | | | | | ■ | | | | |
| Raw choco chia cake | | | | | | | | | | ■ | | | ■ | |
| Bananenbrood | | ■ | | | | | | | | ■ | | | | |
| ***SMOOTHIES*** | | | | | | | | | | | | | | |
| Paars | | | | | | | | | | ■ | | | | |
| Oranje | | | | | | | | | | ■ | | | | |
| Groen | | | | | | | | | | ■ | | | | |
| ***COLD PRESSED JUICES*** | | | | | | | | | | | | | | |
| Detox | | | ■ | | | | | | | | | | | |
| Energize | | | | | | | | | | | | | | |